

Carbon monoxide Stay safe with Safety Seymour



'WHAT IS CARBON MONOXIDE?'

Carbon monoxide (CO) is a dangerous gas that you can't:
SEE, HEAR, SMELL, TASTE OR TOUCH

It's difficult to detect.
It's made when fossil fuels such as gas, oil, coal or wood don't burn properly.
For example:

- An incorrectly fitted gas appliance
- A poorly maintained gas appliance
- A blocked flue, chimney or vent



Stay safe in 3 steps:

- 1 Identify the danger
- 2 Service your appliances
- 3 Install a CO alarm

What are the signs to look for?

Gas appliances which can cause CO include gas heaters, gas cookers, fires, boilers and water heaters. If you spot any of the signs below, it may mean there is a release of CO.



Cooker - Gas flame looks 'floppy' and burns orange or yellow rather than mostly blue

Boiler - Pilot light looks floppy or often blows out

Fire - There is soot or yellow-brown staining on or around an appliance

Window - You see or smell smoke or have excessive condensation in the room where you have a gas appliance

If you're concerned about any of the above, call the National Gas Emergency Service on 0800 111 999*

What are the symptoms of CO?

Some symptoms of CO poisoning are similar to viral infections.

However, if you experience a number of the following symptoms, ask an adult to call a doctor, or dial 999 in an emergency.

Headaches



Sickness



Breathlessness



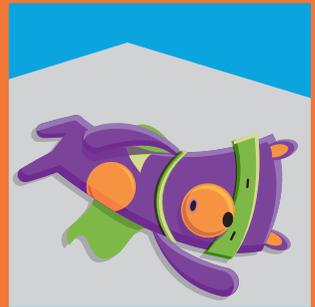
Collapse



Dizziness



Loss of consciousness



Seymour's top tips for protecting you and your home

- **Get gas appliances serviced every year**
(With a Gas Safe Registered engineer 0800 408 5500)
- **Fit an audible carbon monoxide alarm**
(You can buy one from most local DIY stores)
- **Make sure chimneys are swept once a year and air vents are kept clear**
- **Never take a lit BBQ or fire into a house/tent or enclosed space**
- **Tell your family and friends all about Seymour and carbon monoxide**



For information on Gas Safe registered engineers in your area, please visit www.gassaferegister.co.uk or call 0800 408 5500.

Keep this information handy

You can call our National Emergency Services on 0800 111 999* if you smell gas or spot the signs of carbon monoxide.

If you've enjoyed learning about CO and hanging out with me, tweet us your pictures and messages



@safetyseymour

We'd love to hear from you



Learn more at : www.cadentgas.com/safety-seymour

Just for fun Safety Seymour word search

ALARM
CARBON
CO
CADENT
DANGER
EMERGENCY
GAS
HOME
MONOXIDE
PROTECT
SAFETY
SEYMOUR

U	Q	C	B	E	M	E	R	G	E	N	C	Y	N	B
S	E	Y	M	O	U	R	X	C	P	I	U	R	Q	F
O	X	L	F	C	E	A	T	P	E	F	D	Y	C	E
M	F	S	N	A	X	A	F	E	P	H	T	Q	N	L
K	G	H	S	R	J	Q	V	C	Q	E	C	A	J	E
L	W	Y	X	B	Z	S	G	P	F	Q	H	T	P	A
K	H	D	B	O	N	N	H	A	F	Y	C	O	Y	L
G	L	J	J	N	P	L	S	W	S	Q	A	S	S	J
C	G	Q	U	V	B	P	Z	Y	T	P	K	V	M	P
E	A	O	N	B	Z	A	L	A	R	M	M	Y	M	R
Q	O	D	J	H	O	M	E	G	U	E	X	W	Z	O
A	R	P	E	U	U	X	T	M	D	J	Y	M	N	T
V	Y	O	C	N	H	V	M	O	N	O	X	I	D	E
J	P	A	G	T	T	D	A	N	G	E	R	Q	C	C
K	P	H	K	C	B	U	P	T	F	S	J	R	U	T

CO safety competition

Calling for young people to spread the word about the dangers of carbon monoxide. We're looking for entries from children aged between 5-11 years in any form of media, such as eye-catching cartoons, videos, models, short stories or poems that are informative and accurate in warning of the dangers of CO poisoning. All winners will receive a prize for themselves and for their school. To find out more information and how to enter visit:

www.cadentgas.com/safety-seymour

If you wish to contact our Customer Support Team in writing:
Cadent, Brick Kiln Street, Hinckley, Leicestershire LE10 0NA
Email: wecare@cadentgas.com

*All calls are recorded and may be monitored

Cadent

Your Gas Network