

## The Southend Council for Voluntary Services (SAVS) -Centres for Warmth

Partner	Description	Link
SAVS	SAVS is an independent charity known as a Council for Voluntary Services, or CVS. They work behind the scenes to help over 400 local charities and community groups achieve their full potential. They do this, for free, for anyone in the Voluntary, Community, Faith or Social Enterprise (VCFSE) sector.	https://www.savs- southend.org/
Citizens Advice Southend	Citizens Advice Southend provides free, confidential & impartial advice and campaign on big issues affecting people's lives in Southend. They provide the advice people need for the problems they face and help to improve the policies and practices that affect people's lives.	https://www.citizen sadvicesouthend.o rg.uk/
South Essex Advocacy Services	South Essex Advocacy Services are an independent advocacy that supports isolated /excluded / vulnerable adults by empowering them to make informed choices, challenging barriers to access appropriate services and to ensure they are included in decisions about their health, care and wellbeing.	https://www.southe ssexadvocacy.org/
Southend Carers	Southend Carers supports All Carers & works with its partners to encourage wider recognition of their invaluable contribution to society. They provide a wide range of inclusive support services to advise & guide; reduce isolation; help maintain & manage their caring role; address social disadvantage & financial vulnerability and support their capacity to maintain & improve their mental health and physical well-being.	https://www.southe ndcarers.co.uk/
SEND the Right Message	SEND the Right Message is a We are a ' by parents for parents' registered charity. Its goal is to improve the lives of families in Southend, Castle Point and Rochford districts where a child has been identified or suspected as having specific educational needs and/or disabilities by providing support services and training.	https://strmsupport .co.uk/
The One Love Project	The One Love Project is a registered charity offering practical and emotional support to the growing number of vulnerable adults and families in the Southend area. It's open to anyone who needs a helping hand in a difficult time in their life. You don't need a referral from another organisation.	https://theonelove project.co.uk/

SAVS



South Essex Advocacy Services









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South Essex Community Hub	South Essex Community Hub is a registered charity set up to support the communities of South Essex and enable them to thrive. They promote and strengthen community cohesion and lend a helping hand in their Help In Hub.	https://sech- uk.com/
Southend in Sight	Southend in Sight, from their Centre on Hamlet Court Road in Westcliff, offer friendly support, practical advice and fun social events and activities to ensure that those living with sight loss can continue to lead independent, fulfilling and active lives.	https://southendins ight.org.uk/
Southend Foodbank	Southend Foodbank doesn't think anyone in its community should have to face going hungry. That's why they provide three days' nutritionally balanced emergency food and support to local people who are referred to them in crisis. They are part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK.	https://southend.fo odbank.org.uk/
Cake Club	Cake Club is a registered charity offering parenting support and solidarity in the Southend area. They run in-person support and playgroups in a number of locations, with something on offer almost every day of the week. Cake Club was born out of a desire to provide support for parents in a non-judgmental and caring environment.	https://cakeclubco mmunity.org/
Age Concern Southend	Age Concern Southend are a small, independent charity based in Westcliff on Sea, Essex. They provide support, advice and services to older people in Southend and the surrounding communities. Whether you are looking for new social activities to meet people, make friends, find a new hobby or exercise you are sure to find something in their hub. Or, if you are in need of our befriending service, wheelchair hire, dementia services or general advice – they can help.	https://ageconcern southend.co.uk/





